

Coaching Package Options



Dipping Your Toes
Introductory Coaching Package

Custom-tailored coaching program built around your needs.

Homework between sessions specifically designed to help you meet your particular goals and overcome your unique obstacles.

Package includes:

- Discovery session (60-90 minutes)
- 2 individual sessions, available to be used during one-month contract period.
- Unlimited email support messages

1 month minimum commitment

Cost: \$250 per month, for one (1) month



Wading In
Exploratory Coaching Package

Custom-tailored coaching program built around your needs.

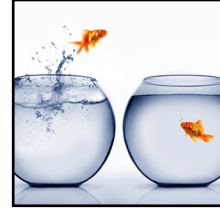
Homework between sessions specifically designed to help you meet your particular goals and overcome your unique obstacles.

Package includes:

- Discovery session (60-90 minutes)
- Up to 6 individual sessions (*up to 60 minutes each*), available to be used during consecutive, two-month contract period.
- Unlimited email support messages
- Unlimited accountability/check-in phone calls (5-10 minutes each)
- Unlimited coaching group participation
- BONUS: Resume review
- BONUS: LinkedIn review report

2 month minimum commitment

Cost: \$345 per month, for two (2) months



Taking the Plunge
Comprehensive Coaching Package

Custom-tailored coaching program built around your needs.

Homework between sessions specifically designed to help you meet your particular goals and overcome your unique obstacles.

Package includes:

- Discovery session (60-90 minutes)
- Up to 10 individual sessions (*up to 60 minutes each*), available to be used during consecutive, three-month contract period
- 1 laser phone coaching session (15-20 minutes in length) per month
- Unlimited email support messages
- Unlimited accountability/check-in phone calls (5-10 minutes each)
- Unlimited coaching group participation
- BONUS: Resume review
- BONUS: LinkedIn review report
- BONUS: Free assessment, plus extra review session
- BONUS: On-site project support session

3 month minimum commitment

Cost: \$333 per month, for three (3) months